

#



Dear Synchro friends and family,

First, I would like to again congratulate our National team I on its recent performances at the 2010 FINA World Cup in Changshu, China. The team improved on its performances from last year's FINA World Championships and I have heard good reports from those that saw the Team swim. The solo of Christina Jones took 5th place as did the duet of Mary Killman, Megan Kinney and Michelle Theriault. The team finished in 6th place edging out rival Italy. The entire 2010 U.S. National Synchronized Swimming Team consists of: **Megan Hansley** (New Canaan, Conn.), **Christina Jones** (Fremont, Calif.), **Mary Killman** (McKinney, Texas), **Meghan Kinney** (Mission Viejo, Calif.), **Danielle Kramer** (Santa Clara, Calif.), **Michelle Moore** (Tonawanda, N.Y.), **Olivia Morgan** (Lafayette, Calif.), **Leah Pinette** (Bristol, Conn.), **Paige Ramsey** (Playa Del Rey, Calif.), **Lauren Robinson** (Cincinnati, Ohio), **Michelle Theriault** (North Hills, Calif.), and **Khadija Zanutto** (Los Gatos, Calif.). Congratulations coaches and athletes on a job well done!!! We are all proud of you.

This week I am in Punta del Este, Uruguay at the 1st FINA World Aquatics Conference. The conference consists of meetings, conference sessions and networking events with the goals of improving the development and administration in the aquatics world, the main direction of FINA and the aquatic movement in general. There are more than 270 organizations and 430 delegates representing more than 125 countries in attendance.

FINA, the Federation Internationale de Natation, is the world governing body for the five aquatic disciplines: swimming, diving, water polo, synchronized swimming and open water swimming. The General Congress is FINA's highest authority and it convenes every four years. The USA is represented by Dale Neuberger on the FINA Bureau and USA Synchro is represented by Virginia Jasontek who serves as the Honorary Secretary of the Technical Synchronized Swimming Committee (TSSC). Almost all international competitions are governed by FINA, and in addition, the FINA TSSC determines the rules that govern competitions as well as the figures and routine required technical elements that are performed at international competitions and most of our U.S. competitions.

U.S. SYNCHRONIZED SWIMMING, INC.

132 E WASHINGTON STREET, SUITE 820 • INDIANAPOLIS, IN 46204 • 317.237.5700 • WWW.USASYNCHRO.ORG

PATRIOTISM • POWER • PERSEVERANCE • PERSONALITY • PERFORMANCE • PRECISION

#



I am excited about the conference this week and the opportunity to network with old friends and to make new friends, as well as to learn what we can do to help move USA Synchro forward.

This weekend will also be the first of our two skills and competencies clinics – this weekend at St. Mary’s College in Moraga, California, and in two weeks at the New Canaan Y in Connecticut. Both will be opportunities to gather more information on our athletes, evaluate where they are, and provide some coaching and feedback on the skills – both general athletic skills on land and in the water and synchro specific skills. We look forward to seeing many athletes and coaches at the clinics!

All the best,

Duke

#