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Dear Synchro Family and Friends,

As the holiday season begins I'd like to take this opportunity to wish everyone a happy, healthy and safe Thanksgiving. Let's give thanks for the friends we have met through our involvement in USA Synchro and the opportunities we all have to learn, grow, travel, compete, coach, judge, score and support our athletes in this great sport. Enjoy the food, friendships and time spent with family this weekend!

In the coming weeks we'll have the 15 and under Skills camp and the Junior Skills Camp in Indianapolis. Congratulations to all who have qualified to attend, and remember to keep your eyes, ears and minds open to learning as much as you can and bringing the information home to improve throughout the year.

HAPPY THANKSGIVING!

All the Best,

Duke Zilinski #

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