

ANNUAL REPORT

T O M E M B E R S

Dear Member,

Thanks to our passionate members, volunteers, and Board of Directors, we are working as a team toward our overarching goal: to provide leadership for the sport of synchronized swimming in the United States.

US Synchronized Swimming ended Fiscal Year 2008 with an operating surplus. This was the fourth consecutive year of operating surpluses, and we are in good financial shape. We can now focus with greater emphasis on the future of our sport.

Our education programs continue to grow, with new curriculum, a coordinated effort to provide education for judges and coaches, and soon a new delivery system – education courses on our website. As more countries learn more scientific approaches to athlete training, we must keep pace. Providing the highest quality coaching education, which translates to better training for our nation’s and our clubs’ athletes, is a top priority, and we have taken significant steps in the last year to achieve this.

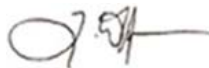
Our National Team program has a new focus, and we are now collaborating with the U.S. Synchronized Swimming Foundation to create an endowment program for our 13-15 team (“Building America’s Teams”), to assure its continued support. We are very proud of the athletes who represented us at the Olympic Games in Beijing, and we learned a lot from the experience. We can now translate that into success for the next group of athletes who are preparing to represent us over the next three years leading to the 2012 Olympic Games in London.

We thank you for your continued support and encouragement, and we know that we can make great things happen in 2009-2010!



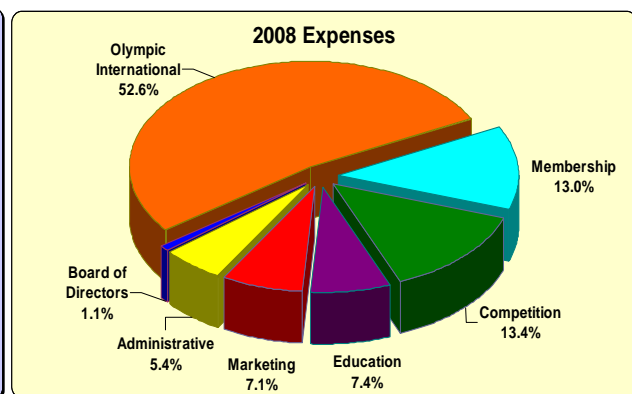
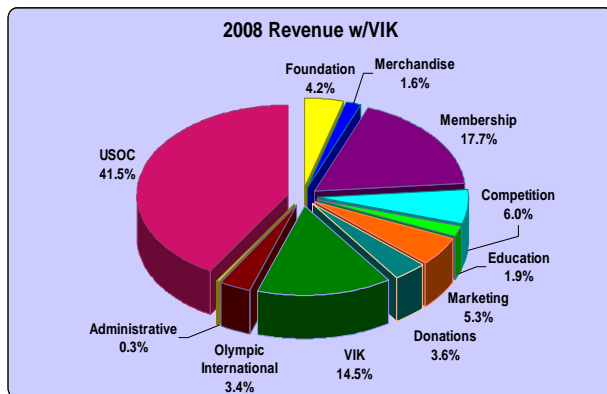
Duke Zielinski

President



Terry Harper

Executive Director

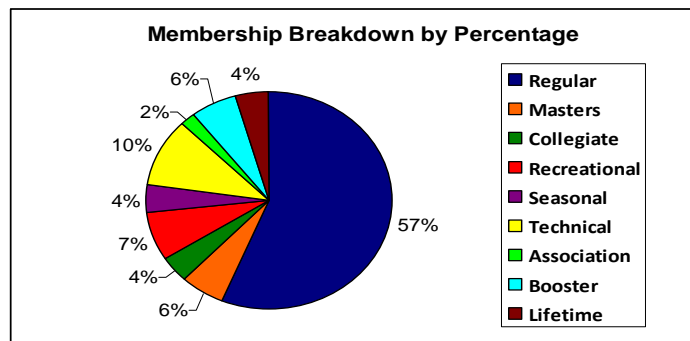


Member Benefits:



U.S. Presswire

- Instruction and competition through club programs
 - Opportunity to train with professional, safety trained coaches
 - Eligibility to participate in local and national synchro camps
 - Eligibility to participate in USA Synchro sanctioned events
 - Represent your club at local, state, regional, national and international events
 - Opportunity to receive scholarships
 - Eligibility to Scholastic All-American award
 - Opportunity to become a member of the U.S. National Team
 - Opportunity to become a USA Synchro certified coach and/or judge
 - Liability insurance for approved USA Synchro activities
 - Supplemental medical insurance if injured during an approved USA Synchro activity
- Accessibility to Synchro Swimming USA, the online magazine that features techniques, tips, posters, and interviews with elite athletes
 - Opportunity for discounts from national sponsors and USA Synchro products
 - Complimentary rulebook and directory for eligible members
 - Monthly notices about current synchronized swimming news from our E-Newsletter
 - Information about programs, services, publications, videos, and merchandise that is available through the National Office



Educational Programs:

As the National Governing Body for the sport of synchronized swimming, USA Synchro provides a range of educational programs for judges (**550** certified) , coaches (**436** certified), and athletes.

- The Coaching Certification Program (CCP) is a curricular program which consists of a series of coach-oriented courses that teach the most valuable knowledge about synchronized swimming and managing a team. Coaches are officially certified once the courses are completed and proof of required safety credentials is provided. Today, CCP is becoming increasingly popular for our organization’s coaches – **50** New Level 1 CCP Certifications were issued in 2008.
- Y-Synchro continues to grow throughout the country at local branches as YMCA trainers proceed to train YMCA instructors on the Y-Synchro program.
- Coaches College 2008 – which aims to continue informing coaches on the latest techniques within synchronized swimming – was a big success. The focus was “Athlete **FIRST**, Synchro **SECOND**”. Just like CCP, a scientific approach was used to include periodization, psychology, nutrition, and cross-training. Presenters included staff from the USOC, and our National Team Staff taught “The Synchro Specific” portions of the college.
- The routine critiques and clinics that we offered at E-Synchro Age Group Nationals were again very successful. National Team and other top level coaches performed the critiques and clinics.

- Judges Education serves to train new judges or update current judges' skills with the latest knowledge on synchronized swimming. Last year all levels of judging tests were revised. Levels I & II of the program now include DVDs with transitions, whole figures, and routines applicable to that level of judging. This summer we will complete a revision of the training materials and tests after FINA adopts new rules, figures, and elements.

'Beijing Bound'

Synchronized swimming t-shirts were given to members who purchased a booster membership. Thanks in part to this 'Beijing Bound' Booster Membership promotion, we experienced a 45% increase in booster memberships.

International Relations:

The push for the International Program -- to increase our participation at all levels internationally -- drove our international relations efforts for the 2008 season, and focused on strengthening our international position.

Involvement was everywhere in 2008. Coaches from all over the Americas participated in our annual Coaches College. Our judges officiated at various competitions worldwide; including the Olympic Qualifier in Beijing, the Olympic Games, VI Peru Aquatica Cup, the Rome Open, and the Masters World Championships in Perth, Australia. Members of our organization taught at clinics held in China, Russia, Canada, and the Caribbean. Club teams participated in competitions in Peru, Canada, Switzerland, Spain, New Zealand, and Australia. Additionally, athletes from Puerto Rico, Canada, Mexico, and Brazil, and judges from Canada and Finland were welcomed to our national meets.

Championships:

We provide athletes with the opportunity to gain skills, experience, and success, and to further their synchronized swimming careers at various national championships. In 2008, USA Synchro organized six National Championships hosted by synchronized swimming clubs across the nation. A total of 2,500 USA Synchro members competed in qualifying events and/or Championships.

2008 Events

<i>Championship</i>	<i>Host City</i>	<i>Winning Team(s)</i>
US Collegiate Championships	Columbus, OH	Stanford
SPEEDO Junior Championships	Clermont, FL	Santa Clara Aquamaids
US National Championships	Tucson, AZ	Santa Clara Aquamaids & Stanford
Esynchro Age Group	Binghamton, NY	n/a
US Open	Cleveland, OH	n/a
US Masters	Las Vegas, NV	Unsyncables of Southern California

2009 Events

<i>Championship</i>	<i>Host City</i>	<i>Winning Team(s)</i>
US Collegiate Championships	San Antonio, TX	Ohio State
SPEEDO Junior Championships	Federal Way, WA	Santa Clara Aquamaids
US National Championships	Palo Alto, CA	Ohio State

Upcoming

Esynchro Age Group	Gainesville, FL	TBD
US Open	Tucson, AZ	-
FINA World Championships	Rome, Italy	-
UANA Pan American Junior Champs	Huntersville, NC	-
USAS Convention	Rosemont, IL	-
US Masters	Coral Springs, FL	-

US Olympic Team

Athlete	Hometown	Club
Brooke Abel	Fallbrook, CA	Riverside
Janet Culp	San Jose, CA	Santa Clara
Kate Hooven	Pleasanton, CA	Santa Clara
Christina Jones	Freemont, CA	Santa Clara
Becky Kim	Walnut Creek, CA	Walnut Creek
Meghan Kinney	Mission Viejo, CA	Riverside
Andrea Nott	San Jose, CA	Santa Clara
Annabelle Orme	Walnut Creek, CA	Walnut Creek
Jillian Penner	Seattle, WA	Walnut Creek
Kim Probst	Walnut Creek, CA	Walnut Creek



Brian Horii

Junior Team



Gi Rais

Athlete	Hometown	Club
Alex Bollaidlaw	Walnut Creek, CA	Walnut Creek
Madison Crocker	Weston, Canada	New Canaan
Emily Dillon	Los Gatos, CA	Santa Clara
Megan Hansley	New Canaan, Canada	New Canaan
Lisa Hazelton	Riverside, CA	Riverside
Mary Killman	Santa Clara, CA	Santa Clara
Maria Koroleva	Walnut Creek, CA	Walnut Creek
Wendy Lu	Fremont, CA	Santa Clara
Olivia Morgan	Lafayette, CA	Walnut Creek
Lauren Nicholson	Riverside, CA	Riverside
Nadia Rais	San Jose, CA	Santa Clara
Paige Ramsey	Playa Del Rey, CA	Riverside

13-15 Team



Ruth Pickett Thompson

Athlete	Hometown	Club
Haley Barnes	Walnut Creek, CA	Walnut Creek
Anna Boyle	Las Vegas, NV	Nevada Desert Mermaids
Arlette Carrion	Lake Forest, CA	Riverside
Alyson Haylor	Las Vegas, NV	Nevada Desert Mermaids
Courtney Nicholson	Riverside, CA	Riverside
Mackenzie Perkins	Portland, OR	MAC Synchro
Margo Sargent	Los Altos, CA	Santa Clara
Katie Spada	Las Vegas, NV	Nevada Desert Mermaids
Alexa Tchekmarev	Bloomfield Hills, MI	Troy Synchro
Sarah Urke	Medina, MN	Minnesota Synchronettes

2008 Awards

AWARD	WINNER
Athlete of the Year	2008 US Olympic Team
Coach of the Year	Tammy McGregor
Lillian MacKellar Award	Kris Olson

SPEEDO Synchro Swimmer of the Quarter:

Speedo Synchro Swimmer of the Quarter recognizes synchronized swimmers who exemplify the highest standards of academic integrity, citizenship, and community service. In honor of recognition by Speedo, honorees receive a \$500 scholarship from USSS. 2008's winners are **Jillian Mayer** and **Kirsten Wendth**.

Annual Campaign: We owe a special thanks to those who donated to our first annual campaign since 2000.

List of Donors: Central Ohio Pediatric Society COPS (*In Honor of Denise Shively*) – Timothy, Mary & Hannah Reilly – Judith Parker (*In Memory of Marge M. Murphy*) – Diane Hunsinger – Jeanne Steed – Candace Kaemerer (*In Memory of Ross Bean*) – Jacqueline McDaniel – Rebecca Young – Patricia Cooney – Christine Stabile – Carol Valles (*In Honor of William R. Bennett, Jr.*) – Laura Masé – Demetria Dent – Joy Cushman – Catherine Krucylak – Tanya Frink – Louise Zakian – Evelyn Dowling (*In Memory of Emma Gene Edwards*) – Elizabeth Hess – Blanche Van Dalen – Kathy Clark – Jared, Camis & Haley Haskell – Elise Brassil (*In Memory of Gillian Brassil*) – Scotti Nichols (*In Memory of Virginia Hoag*) – Rebecca Trombley Domegan – Kay Davies – Virginia Jasontek – Stan, Denise & Julie Calvert – Nora Hallett – Alan & Dale Morgan – Anonymous – Remi Lacombe (*In Honor of the San Francisco Merionettes*) – Rick & Linda Aton – Cecilia Chong-Wheeler – Sherry Anastasio – Sarah Schmidt – Jill Madden – Frank & Vicki Perkins

Board of Directors:

- Duke Zielinski – *President, USOC Representative*
- Virginia Jasontek - *Immediate Past President, FINA Representative*
- Eugenia Gillan - *Secretary*
- Karen Rosolowski - *Treasurer*
- Scotti Nichols - *V.P. Member Services*
- Shari Darst - *V.P. Education & Certification*
- Betty Hazle - *V.P. Olympic International*
- Carole Mitchell - *V.P. Competitive Operations*
- Brian Eaton - *V.P. Marketing*
- Sara Lowe - *Athlete Representative*
- Melissa Knight - *Athlete Representative*
- Anna Eng - *Athlete Representative*
- Vicki Perkins - *Public Sector*

Staff:

- Terry Harper - *Executive Director*
- Taylor Payne - *Media & Public Relations Director*
- Stephanie Crocker - *Membership Manager*
- Elizabeth Simonson - *Membership Manager*
- Kevin Warner - *Education Director*
- Jennifer Hawkins - *Finance Manager*
- Janice Sherman - *Receptionist*
- Sandra Mahoney - *National Team Director*
- Jordan Dillon - *Business Development Director*

Presidents Club:

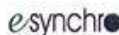
- Kay Davies
- Terry Harper
- Carol Valles
- Other anonymous members



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Sponsors:

USA Synchro would like to thank its current sponsors and suppliers for their tremendous support and dedication to our sport, our swimmers, and our events and programs.



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